

Green Elementary School

7030 Wandermere Dr. San Diego, CA 92119





Sub-district: B Cluster: Henry Year School Opened: 1976 Grades: K-5

1) All-weather Running Track & Fitness Circuit Course

Green Elementary School is situated in the San Carlos neighborhood, a short distance from Patrick Henry High School. The 8.84-acre campus accommodates approximately 520 students. The school is an academic and athletics magnet that emphasizes vigorous exercise in addition to rigorous coursework. It was recently recognized as the Best Physical Education Program in the State of California by the Association For Health Physical Education Recreation and Dance.

Located in a residential neighborhood, Green's compact campus consists of five permanent buildings, all of which were constructed in 1976. The site's total building area is approximately 46,000 square feet. The campus also includes several play structures, a shaded lunch area, library/ media center, grass field, and a new all-weather running track and fitness circuits that exposes Green ES students to physically challenging activities on equipment commonly found in the community and on playgrounds. It also gives disabled students the opportunity to participate in aerobic exercise.



Green ES Running Track & Fitness Circuit Course



Completed: August 2014 Funding: Proposition Z and a donation from San Diego Half Marathon

A new, all-weather rubberized track fitness circuit course is part of the comprehensive "Keep Green on Track Project" that provides a unique and varied physical education program. The course provides physically and mentally challenging activities for students, as well as a way for disabled students to participate in aerobic exercise. Each workout station includes an instructional sign detailing the various types of exercises that can be performed and how to do them correctly.





Station #1 — Step and parallel bar exercises and directional movement



Station #1 — Sit-ups and dynamic stretches



Station #1 — Jumps and pull-ups/low hurdles